



Recursos de la Comunidad Disponibles en el Area de Hemet/San Jacinto

Línea de Información y Referencias:

800-464-1123

ROPA/COMIDA/LENTES

CalWORKS/Estampillas de comida
 Servicios Sociales Públicos del Condado de Riverside – 791-3000 (Hemet)
www.co.riverside.ca.us
 Community Pantry (comida) – 929-1101
 Operation School Bell – (ropa para niños de la primaria)-Assistance League – 652-8307
 Project Angel Food–652-4488
www.angelfoodministries.com
 Project Food Box-Western Eagle Foundation-Calvary Chapel 44200 Palm 951-695-7206

Salvation Army(Hemet) – 766-2020
 USDA Commodities Food Pantry(comida)- Cindy Bratton Valle Vista Assembly of God 45252 E Florida – 927-6868
 Valley Restart (albergue) – 766-7476
 WIC – Women, Infants and Children – 766-2450

RECURSOS DE LA COMUNIDAD

American Cancer Society (cancer) – 683-6415 o 1-800-227-2345
 American Lung Association of Riverside Colton (pulmones)– 1-800-586-4872
 California School for the Deaf (sordera) Riverside – 782-6500
 Central County United Way (incluyendo asistencia con energía de febrero a abril) – 929-9691
 Graffiti Hotline (remoción de grafiti) – 765-2309
 Hemet Lions Club – 929-2344
 Inmigración y Ciudadanía –943-1955
 San Jacinto Community Center – 654-7212
 Social Security Administration hotline – 1-800-772-1213 y 526-3456
 WE T.I.P., Inc. – 1-800-78-CRIME and 1-800- 47-ARSON (reportar crimen)

SERVICIOS DE CONSEJERIA

Center Against Sexual Assault (agresión sexual) – 652-8300
 Mid-County Mental Health(salud mental) – 791-3300
 Rape Crisis Center (violación sexual)– 686-7273
 Sun Ray Counseling – 652-3560
 Valley Wide Outreach Services – 654-2026
 Youth Bereavement (jóvenes en luto) – 766-9629

SERVICIOS DE SALUD

AIDS Hotline – 1-800-232-4636
 Birthchoice (embarazo) –652-3111
 Hemet Family Care Center – 766-2450
 Hemet Hospice – 766-9629
 Hemet Unified School District, Healthy Families– 765-5100 Ext. 3525
 Hemet Unified School District, Health Services–765-5100 Ext. 4104
 Hemet Unified School District, Youth Tobacco Cessation Services– 765-5100 Ext. 3210

Hemet Valley Hospital Behavioral Health Services (salud conductual) – 652-2811, ext. 5787
 Hemet Valley Medical Center – 652-2811
 Juvenile Diabetes Foundation – 909-424-0100
 Medicare telephone hotline – 1-800-633-4227
 Mental Health (salud mental) Hemet Clinic– 791-3300
 National Alliance for the Mentally Ill – 1-800-950-6264
 National Hepatitis C Coalition–766-8238
 Obstetrics Clinic, HVMC–765-4816
 Riverside County Health Dept. Family Program –766-2450
 Riverside County Immunizations Information – 1-888-246-1215
 Soboba/Morongó Indian Health Clinic – 654-0803

SERVICIOS DE INTERVENCION

Alcoholics Anonymous(Colton) – Main Number (909) 825-4700
 Alternatives to Domestic Violence– (24 hour) 1-800-339-SAFE
 Center Against Sexual Assault (CASA) – 652-8300 y 1-866-373-8300
 Childhelp USA – 1-800-422-4453
 Child Protective Services – 791-3000
 Cocaine Anonymous Hotline – 359-3895
 Covenant House Crisis Lines – 1-800-999-9999
 Crisis Intervention and Suicide Prevention – 686-4357
 Domestic Violence Hotline – 1-800-799-7233
 Dr. Harsany, Addiction Medicine – 925-6657
 Dr. Heinke , Partners in Recovery– 929-8580
 JobCorps –800-733-JOBS
www.jobcorps.dol.gov
 La Vista Alcoholism Center – 925-8450
 MFI Recovery-Therapy/Anger Mgmt– 654-2026
 Narcotics Anonymous – 652-5326
 National Child Abuse Hotline – 1-800-422-4453
 Riverside Treatment Center, Methadone Detox –784-8010
 Teen Line (24 hour) – 1-800-TLC-TEEN
 Teen Drugs Support Program – 1-800-367-8336
 Tobacco Use Reduction Hotline – 1-800-63-SMOKE
 Tobacco Help Line – 1-800-NO-BUTTS
 Valley Wide Outreach Services – 654-2026

EDUCACION DE PADRES

Hemet Unified School District - Parent Project® classes– 765-5100 Ext. 3701
 Valley Wide Outreach Parent Project® classes –654-2026

P.R.I.C.E. (clase de para padres) –765-5100 Ext. 3530

GRUPOS DE APOYO

Al-Anon/Alateen – 909-824-1516
 American Cancer Society – 683-6415
 California Family Life Center – 654-2352 or 765-9671
 Center Against Sexual Assault – 652-8300 (grupo para adolescentes y adultos)
 Childhood Cancer Family Information Service – 682-2753
 Detoxification Services – 788-9515
 Family Service Senior Nutrition Program Association – 652-3212
 Grandparents Raising Grandchildren– 791-3573
 Hemet Hospice –766-9629 (apoyo para las personas en luto)
 Kaiser Permanente – 601-6174
 Riverside County Substance Abuse Program – Clinic – 955-2105
 Administrative – 782-2400
 Salvation Army – 784-4490

MADRES ADOLESCENTES

Adolescent Health –354-1458
 Cal-SAFE, Teen Mother Program – 766-1054
 Riverside Co. Adolescent Family Life Program –766-2440 or 766-2464
 Helen Hunt Jackson Independent Study Program – 765-5193

PROGRAMAS PARA JOVENES

Boy Scouts of America – Inland Empire Council – (909) 793-2463
 Girls and Boystown National Hotline – 1-800-448-3000
 Police Activity League – 929-9725
 San Gorgonio Girl Scout Council – 766-8004
 Tutoring for Native American Youth-Soboba Tribal TNF– 487-9075
 Valley Wide Outreach Services – 654-2026
 Valley Wide Recreation – 654-1505

PROGRAMAS VOLUNTARIOS

Retired Senior Volunteer Program– (R.S.V.P.) 929-0423

PAGINAS DEL WEB

RELACIONADOS CON SALUD:

www.cdc.gov
www.co.riverside.ca.us
www.kidshealth.org
www.healthinschools.org
www.ncadi.samsha.gov (información sobre el abuso de drogas/alcohol)
www.nida.nih.gov
www.stopbullyingnow.hrsa.gov
www.theantidrug.com

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