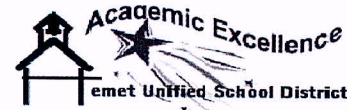


**COMMUNITY SERVICES FOR THE HEMET/SAN JACINTO AREA**



**Informed Riverside, Information and Referral Line: 800-464-1123**

**CLOTHING/GLASSES/FOOD**

CalWORKS/Food stamps–Riverside County Department of Public Social Services –791-3000 (Hemet)  
www.co.riverside.ca.us  
Community Pantry – 929-1101  
Family Service Senior Nutrition Program Association – 652-3212  
Project Food Box-Western Eagle Foundation-40940 County Dr Temecula 951-695-7206

Project Angel Food 652-4488  
www.angelfoodministries.com  
Operation School Bell – (elementary age) Assistance League – 652-8307

Salvation Army – Hemet - 766-2020  
USDA Commodities Food Pantry  
Cindy Bratton Valle Vista Assembly of God 45252 E Florida -951-927-6868  
Valley Restart (shelter) – 766-7476  
WIC – Women, Infants and Children – 1-800-455-4942 and 951-358-7200

**COMMUNITY RESOURCES**

American Cancer Society – 683-6415  
Or 1-800-227-2345  
American Lung Association of Riverside Colton – 1-800-586-4872  
California School for the Deaf – 782-6500  
Central County United Way (including Energy Assistance February- April), 929-9691  
Hemet Lions Club – 929-2344  
Immigration/Citizenship, 943-1955  
San Jacinto Community Center – 654-7212  
Social Security Administration hotline – 1-800-772-1213 & 526-3456  
Graffiti Hotline (graffiti removal) 765-2309  
WE T.I.P., Inc. – 1-800-78-CRIME and 1-800- 47-ARSON 1-800-47-DRUGS

**COUNSELING**

Center Against Sexual Assault – 652-8300  
Mid-County Mental Health – 487-2674  
Rape Crisis Center – 686-7273  
Sun Ray Counseling – 652-3560  
Valley Wide Outreach Services - 654-2026  
Salvation Army – 784-4490

**HEALTH SERVICES**

AIDS Hotline – 1-800-232-4636  
Birthchoice, 652-3111  
Hemet Family Care Center – 766-2450  
Hemet Hospice – 766-9629  
Hemet Unified School District, Health Services, 765-5100 Ext. 4104  
Hemet Unified School District, Healthy Families 765-5100 Ext. 4003

Hemet Unified School District, Youth Tobacco Cessation Services, 765-5100 Ext. 3220  
Hemet Valley Hospital Behavioral Health Services – 652-2811, ext. 5787  
Juvenile Diabetes Foundation (951) 784-4156  
Medicare telephone hotline – 1-800-633-4227  
Mental Health, Hemet Clinic – 791-3300  
National Alliance for the Mentally Ill – 1-800-950-6264

Obstetrics Clinic, HVMC, 765-4816  
Riverside County Health Dept. Family Program - 766-2450  
Riverside County Immunizations Information – 1-888-246-1215  
Soboba Indian Health Clinic/Morongo Indian Health – 654-0803

**INTERVENTION SERVICES**

Alcoholics Anonymous – Colton Main Number (909) 825-4700  
Alternatives to Domestic Violence (24 hour) 1-800-339-SAFE  
Child Protective Services – 791-3200  
Center Against Sexual Assault (CASA) – 652-8300 & 1-866-373-8300  
Childhelp USA – 1-800-422-4453  
Covenant House Crisis Lines – 1-800-999-9999  
Crisis Intervention and Suicide Prevention – 686-4357  
Detoxification Services – 788-9515  
Domestic Violence Hotline – 1-800-799-7233  
Dr. Harsany, Addiction Medicine – 925-6657  
Dr. Heinke , Partners in Recovery 929-8580  
JobCorps 800-733-JOBS [www.jobcorps.dol.gov](http://www.jobcorps.dol.gov)  
La Vista Alcoholism Center-925-8450  
MFI Recovery-Therapy/Anger Mgmt. 654-2026

Narcotics Anonymous – 652-5326  
National Child Abuse Hotline – 1-800-422-4453  
National Dating Abuse Hotline 1-866-331-9474 (TTY 1-866-331-8453)  
Riverside Treatment Center, Methadone Detox, 784-8010  
Teen Line (24 hour) 1-800-TLC-TEEN  
Tobacco Use Reduction Hotline – 1-800-63-SMOKE  
Tobacco Help Line – 1-800-NO-BUTTS  
Valley Wide Outreach Services – 654-2026

**PARENT EDUCATION**

Hemet Unified School District – Parent Project-765-5100 Ext. 3308  
PRICE Parenting Classes-765-5100 Ext.3308

Valley Wide Outreach  
Parent Project-654-2026

**SUPPORT GROUPS**

Al-Anon/Alateen – (909) 824-1516  
Kaiser Permanente– 601-6174  
American Cancer Society – 683-6415  
California Family Life Center – 654-2352  
Center Against Sexual Assault - 652-8300 (adolescent and adult survivors group)  
Grandparents Raising Grandchildren- 951-791-3573  
Childhood Cancer Family Information Service - 682-2753  
Hemet Hospice-766-9629 (child,parent, adult bereavement)  
Riverside County Substance Abuse Program–Clinic – 955-2105  
Administrative – 782-2400

**TEEN MOTHERS**

Adolescent Health, 354-1458  
Cal-SAFE, Teen Mother Program – 925-6467  
Helen Hunt Jackson Independent Study Program, 765-5193  
Riverside Co. Adolescent Family Life Prog.- 766-2440 766-2464

**YOUTH PROGRAMS**

Boy Scouts of America – Inland Empire Council – (909) 793-2463  
Girls and Boystown National Hotline, 1-800-448-3000  
Police Activity League, 929-9725  
San Geronio Girl Scout Council - 951-308-6692  
Tutoring for Native American Youth-Soboba Tribal TNF-487-9075  
Valley Wide Outreach Services – 654-2026

Valley Wide Recreation, 654-1505

**VOLUNTEER PROGRAMS**

Retired Senior Volunteer Program/United Way (R.S.V.P.) 929-0423

**HEALTH-RELATED WEBSITES FOR FAMILIES:**

<http://us.reachout.com/wecanhelpus/>  
[www.theantidrug.com](http://www.theantidrug.com)  
[www.bigbrothersbigsisters.org](http://www.bigbrothersbigsisters.org)  
[www.cdc.gov](http://www.cdc.gov)  
[www.healthinschools.org](http://www.healthinschools.org)  
[www.loveisrespect.org](http://www.loveisrespect.org) (dating abuse)  
[www.kidshealth.org](http://www.kidshealth.org)  
[www.ncadi.samsha.gov](http://www.ncadi.samsha.gov) (drug&alcohol abuse information)  
[www.nida.nih.gov](http://www.nida.nih.gov)  
[www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov)